

Monday, October 8th

- ▶ Pass back quiz and go over.
- ▶ Watch Video: Knife Knowledge 101
- ▶ Pass out “How to Cut” guidelines and discuss.
- ▶ Supermarket “fun” puzzle worksheet record in logs (37 pts.)
- ▶ Fill in your agenda with:
- ▶ Video: Knife Knowledge
- ▶ Supermarket “fun” puzzle

Tuesday, October 9th

- ▶ Finish working on Supermarket “Fun” Puzzle
- ▶ Begin reading about Fruits today in DF&N Textbooks pgs. 232-239.
- ▶ Answer questions in complete sentences
- ▶ Record in logs: Fruits Study Guide (24 pts.)
- ▶ Fill in agenda with:
- ▶ Supermarket “Fun” puzzle
- ▶ Fruits Study guide questions

Wednesday, October 10th

- ▶ Check Supermarket “Fun” puzzle and log score.
- ▶ Today we will finish our reading and fruit study guide questions and log into folders.
- ▶ Pass out and Read How to Read a Food Label
- ▶ Watch Nutrition Labels and complete *Nutrition Labels* worksheet. Record in logs (17 pts)
- ▶ **Fill in Agenda with:**
- ▶ Finish fruit reading and study guide questions
- ▶ Pass out How to Read a Food Label
- ▶ Video: Nutrition Labels
- ▶ Complete Nutrition Labels worksheet

Thursday, October 11th!

- ▶ Today we will check the fruits study guide questions.
- ▶ Begin reading about vegetables pgs. 240-247 in the DF&N Textbooks.
- ▶ Complete Vegetables Study Guide questions and record in logs (29 pts)
- ▶ **Fill in your agenda with:**
- ▶ Read about vegetables and complete vegetable questions study guide ***in complete sentences.***

Friday, October 12th!

- ▶ Lab today: Bruschetta
- ▶ Complete evaluations and put in the proper hour basket.
- ▶ Please clean up well today 😊
- ▶ Fill in your agenda with:
 - ▶ Lab today
 - ▶ Complete Lab Evaluation
 - ▶ Good Clean Up!